

CEA's 8th Young Professionals' Conference

"Adaptability in an Ever-Changing World"

Thursday, April 28 and Friday, April 29, 2022
Coast Canmore Hotel and Conference Centre



Thursday, April 28, 2022

| Time | Topic | |
|---------|---|--|
| 5:00 pm | Registration Opens | |
| 6:30 pm | <p>Keynote: Savvy Networking - Connecting with Ease Conference delegates list networking as a key reason for attending conference, but shyness, reserve and fear of rejection prevents many from connecting.</p> <p>After this keynote program participants will be able to:</p> <ol style="list-style-type: none"> 1. Move out of their comfort zone and adopt the 'host mentality' 2. Simple ways to overcome shyness in themselves and others 3. Initiate rapport building small talk and take it to bigger talk 4. Smoothly enter and exit conversations <p>Dinner to follow</p> | <p>Speaker: Joanne Blake, Style for Success</p> <p>Host: Kate Houston</p> |

Friday, April 29, 2022

| Time | Topic | |
|-------------------|---|---|
| 8:00 am – 8:15 am | Opening Remarks and Welcome | Ryan Gidluck , CEA President Brett Kruger |
| 8:15 am – 9:45 am | <p>Adapting to Change Using Artificial Intelligence and Autonomy It's no longer just a topic in Science Fiction movies. Artificial intelligence and autonomy are tools being utilized around the globe to adapt to the ever-changing world and improve the lives of people everywhere. From autonomous vehicles to autonomous design, artificial intelligence and autonomy are creating possibilities that just a few years ago were not feasible. Join our panel of industry experts in a Q&A session as we navigate through new technology and adapt to using it in everyday life.</p> <p>In this panel discussion we will explore:</p> <ul style="list-style-type: none"> • How AI and Autonomy have already begun to shape our world • What new technologies are on the horizon • How these new technologies may shape our future | <p>Panelists:</p> <p>Judy Yu, P.Eng., PMP Discipline Lead, Data Management and ITS Associated Engineering</p> <p>Marie-France Laurin, MBA, TDM-CP, Director of Business Development, Generation AV Stantec</p> <p>Darel Mesher, PhD., P.Eng, Chief Technical Officer Tetra Tech</p> <p>Moderators: Brett Kruger David McBean</p> |

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| 9:45 am – 10:00 am | Coffee Break | |
| 10:00 am – 11:30 am | <p><u>Negotiations Excellence: Strategize, Analyze, Engage, Negotiate and Succeed</u> <i>"By failing to prepare, you are preparing to fail."</i> Benjamin Franklin</p> <p>No two negotiations are the same. Political (internal or external), economic, environmental, and a variety of other factors will present themselves in different ways in different negotiations. You cannot control these variables, no matter how talented a negotiator you are. What you can influence, and control is how you prepare for the pending negotiation, how you present yourself as a negotiator, and how you offer acceptable solutions that, ultimately, work for all parties.</p> <p>This 90-minute workshop will provide attendees with relevant research, case studies, and role-playing scenarios focused on:</p> <ul style="list-style-type: none"> • Strategic Networking: The who, how, where, and why you need to make your contacts count • Conflict Resolution: How and why you must respect, react, respond, and resolve conflict strategically • Negotiation Styles: Identify your negotiation style, how to identify your counterparties, when do use each style and how to be engage a style • Negotiation Strategies: Roll up your sleeves. It is time to get tactical! | <p>Speaker: Joanna Shea, Negotiations Collective</p> <p>Host: Claire Gillis</p> |
| 11:30 am – 12:00 pm | <p><u>Dining Etiquette Presentation</u></p> <p>With many business deals and hiring decisions made over a meal, the protocol and etiquette of business dining has a definite impact on your career. Business dining is much more than proper table manners. It is an opportunity to build stronger relationships.</p> <p>After this program participants will be able to:</p> <ol style="list-style-type: none"> 1. Understand when and how to get down to business 2. Strategically seat themselves and clients/guests to build rapport 3. Use table manners that make them look savvy not stuffy 4. Learn classy ways to end the meal and follow-up | <p>Speaker: Joanne Blake, Style for Success</p> <p>Host: Raziq Dhanani</p> |

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| Time | Topic | |
| 12:00 pm – 1:00 pm | Lunch | |
| 1:00 pm – 2:30 pm | <p><u>Environmental Resiliency</u> Across the globe, rapid population growth, rising levels of urbanisation and growing climate risks are putting our built and natural environments under more pressure than ever before. These challenges are creating a pressing need for new, improved and resilient infrastructure. A resilient future can only be obtained by mitigating our risks and responding to evolving challenges today to reduce vulnerabilities, risks and to protect our assets for tomorrow. From building flood diversion structures to improving our healthcare system after a global pandemic, governments around the world are looking to build more resilient infrastructure, supply chains, systems and environments to respond to the vast array of challenges that will ultimately protect communities and create a more resilient future.</p> <p>In this panel discussion we will explore:</p> <ul style="list-style-type: none"> • The drivers and reasons to make our infrastructure and environments more resilient • Opportunities after disaster recovery • The risks and impacts to society and the environment • The costs of resiliency (and the costs if we don't address them) | <p>Panelists:</p> <p>Twyla Kowalczyk, M.Sc., P.Eng., Climate Resilience Specialist Associated Engineering</p> <p>Jill Curley Climate Adaptation Specialist City of Calgary</p> <p>Caitlin Van Gaal, Supervisor of Environment and Sustainability Town of Canmore</p> <p>Carlos Godoy, B.Sc., P.Eng., Senior Water Resources Engineer – Construction Discipline Lead Wood PLC</p> <p>Moderators: Vincent Huang Shanna Daly</p> |
| 2:30 pm – 2:45 pm | Coffee Break | |

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| 2:45 pm – 4:30 pm | <p><u>Safeguarding Your Mental Health</u></p> <p>We've all experienced some sort of rapid change in the past few years either due to pandemic restrictions, increased digitization and technology, changes at work or even at home. These changes can leave us feeling overwhelmed or in some cases underwhelmed, which in turn affects our mental health. We find ourselves shifting from one point to the other on the mental health continuum; feeling burnt out, lacking positivity and sometimes even doubting our capabilities.</p> <p>In this session we will explore:</p> <ul style="list-style-type: none"> • strategies in responding positively to rapid changes • self-checking and getting help when needed to get back on track • dealing with imposter syndrome • adapting to rapid changes and maintaining a healthy state of mind | <p>Speaker: Steve Osmond, Rhapsody Strategies</p> <p>Host: Laretta Pearse</p> |
| 4:30 pm - 5:00 pm | Closing Remarks | <p>Ryan Betker, CEA Vice President</p> <p>David McBean</p> |